Lower Extremity Functional Index	Lower	Extremity	Functional	Index
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Name:	Date:
	Date:

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your lower limb problem for which you are currently seeking attention. Please provide an answer for each activity.

Today, do you or would you have any difficulty at all with:

(Circle one number on each line)

Difficulty or unable to perform activity Difficulty of difficulty perform activity Difficulty perform activities. 0		(Circle one number on each line)						
activities. b. Your usual hobbies, recreational or sporting activities c. Getting into or out of the bath. d. Walking between rooms. e. Putting on your shoes or socks. f. Squatting. g. Lifting an object, like a bag of groceries from the floor. h. Performing light activities around your home. i. Performing heavy activities around your home. j. Getting into or out of a car. k. Walking 2 blocks. l. Walking a mile. m. Going up or down 10 stairs (about 1 flight of stairs). n. Standing for 1 hour. p. Running on even ground. q. Running on uneven ground. r. Making sharp turns while running fast. s. Hopping.	Activities	Difficulty or unable to perform	bit of		of	No difficulty		
activities c. Getting into or out of the bath. d. Walking between rooms. e. Putting on your shoes or socks. f. Squatting. g. Lifting an object, like a bag of groceries from the floor. h. Performing light activities around your home. i. Performing heavy activities around your home. j. Getting into or out of a car. k. Walking 2 blocks. l. Walking a mile. m. Going up or down 10 stairs (about 1 flight of stairs). n. Standing for 1 hour. o. Sitting for 1 hour. p. Running on even ground. q. Running on uneven ground. r. Making sharp turns while running fast. s. Hopping.		0	1	2	3	4		
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q. Running on uneven ground. 0 1 2 3 4 r. Making sharp turns while running fast. 0 1 2 3 4 s. Hopping. 0 1 2 3 4	o. Sitting for 1 hour.	0	1	2	3	4		
r. Making sharp turns while running fast. s. Hopping. 0 1 2 3 4	p. Running on even ground.	0	1	2	3	4		
s. Hopping. 0 1 2 3 4	q. Running on uneven ground.	0	1	2	3	4		
	r. Making sharp turns while running fast.	0	1	2	3	4		
	s. Hopping.	0	1	2	3	4		
t. Rolling over in bed. 0 1 2 3 4	t. Rolling over in bed.	0	1	2	3	4		
COLUMN TOTALS	COLUMN TOTALS							

Score variation ± 6 LEFTS points MDC & MCID = 9

LEFS points Score _____/80